

EVERHEALTHSPAN

LONGEVITY, WITHOUT THE HYPE

everhealthspan.com

WHAT EVERHEALTHSPAN IS

EverHealthSpan is an independent publication covering the fast-growing market for high-ticket longevity and wellness products: cold plunge tubs, saunas and infrared therapy, hyperbaric chambers, red light therapy, contrast therapy, and luxury wellness retreats.

WHAT WE PUBLISH

- **In-depth buying guides:** what actually matters before spending hundreds or thousands on wellness equipment.
- **Honest comparisons:** cold vs. heat, infrared vs. traditional, chillers vs. ice: experience, cost, space, maintenance.
- **Evidence reviews:** popular claims graded claim-by-claim against the research. When the evidence is thin, we say so.
- **Explainers and protocols:** water care, contrast routines, setup decisions: the practical detail buyers need.

HOW WE WORK

- **Evidence first:** no miracle claims, no single-study hype.
- **Buyer-grade detail:** real prices, real trade-offs, real maintenance.
- **Editorial independence:** no sponsored rankings, no paid placements. Coverage cannot be bought.
- **Disclosed monetization:** future affiliate relationships will be clearly disclosed and never influence recommendations.

WHO IT'S FOR

Readers researching significant wellness purchases: people comparing cold plunge systems (about \$1,000 to \$15,000 and up), infrared and traditional saunas (about \$2,000 to \$30,000 and up), and home hyperbaric chambers (about \$4,000 to \$100,000 and up), plus the practitioners who advise them. Our content targets high-intent, pre-purchase research: the moment a buyer decides what to buy and from whom.

THE PUBLISHER

EverHealthSpan is a portfolio brand of **XMEDIA247 LLC**, a Wyoming limited liability company. Correspondence for this brand is handled through XMEDIA247.

WORK WITH US

For affiliate programs, product information, or press: hello@xmedia247.com